SEC Form 4
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## FORM 4

Check this box if no longer subject

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287									
Estimated average burden									
hours per response	. 0.5								

	5. Form 4 or Form 5 hay continue. <i>See</i> (b).			ant to Section 16(a) ection 30(h) of the Ir					934	11	stimated ave ours per resp	0	den 0.5
1. Name and Address of Reporting Person <sup>*</sup> <u>Post Denny Marie</u>				suer Name <b>and</b> Tick <u>al Farms, Inc.</u>	-	_ ~	Symbol		k all applicable) Director	10% O		Owner	
	(First) FARMS, INC. I CONGRESS A	11/2	ate of Earliest Trans 17/2021	/Day/Year)		Officer (give below)	title	Other below	(specify )				
C100			4. If	Amendment, Date o	f Origina	al File	d (Month/Day/	'Year)	6. Indi Line) X	vidual or Joint/G Form filed by			
(Street) AUSTIN	ТХ	78704								Form filed by Person		U	
(City)	(State)	(Zip)											
		Table I - No	n-Derivative	Securities Acq	uired,	, Dis	posed of,	or Be	neficially	y Owned			
Date			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)		4. Securities Disposed Of 5)			5. Amount of Securities Beneficially Owned Followi Reported	Form: I (D) or I	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	Amount	(A) or	Price	Transaction(s)			(1150.4)	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

Р

500

A

\$19.42

11,471

D

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deriv	vative rities lired r osed ) r. 3, 4	Expiration Date (Month/Day/Year) d		Amount of Securities		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
							Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

**Remarks:** 

Common Stock

/s/ Jason Minio, Attorney-in-Fact

11/22/2021

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

11/17/2021

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.