UNITED STATES SECURITIES AND EXCHANGE COMMISSION Form 144 Filer Information Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES

PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001025680 Filer CCC XXXXXXXX Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name Phone

E-Mail Address

144: Issuer Information

Name of Issuer VITAL FARMS INC

SEC File Number 001-39411

3601 South Congress Avenue Suite C100

Austin Address of Issuer **TEXAS** 78704

8774553063 Phone

Name of Person for Whose Account the Securities are To Be Sold MATTHEW O'HAYER

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Director Officer Relationship to Issuer

10% Stockholder Relationship to Issuer

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Securities
Common	Morgan Stanley Smith Barney LLC Executive Financial Services 1 New York Plaza 8th Floor New York NY 10004	24000	903360.00	42176860	05/20/2024	NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired Ac	Nature of equisition cansaction	Name of Person from Whom Acquired	Is this a Gift?	Date Donor Acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment *
Common	07/01/2009 Found	ders Shares	Issuer			24000	07/01/2009 N	/A

^{*} If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Amount of

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
10b5-1 Sales for MATTHEW OHAYER 3601 South Congress Avenue Suite C100 Austin TX 78704	Common	05/09/2024	4000	132600.00
10b5-1 Sales for MATTHEW OHAYER 3601 South Congress Avenue Suite C100 Austin TX 78704	Common	04/19/2024 2	20000	502413.60
10b5-1 Sales for MATTHEW OHAYER 3601 South Congress Avenue Suite C100 Austin TX 78704	Common	04/05/2024	4000	101057.60
10b5-1 Sales for MATTHEW OHAYER 3601 South Congress Avenue Suite C100 Austin TX 78704	Common	03/19/2024	16000	367270.80
MATTHEW OHAYER 3601 South Congress Avenue Suite C100 Austin TX 78704	Common	03/15/2024	100000	2162000.00
10b5-1 Sales for MATTHEW OHAYER 3601 South Congress Avenue Suite C100 Austin TX 78704	Common	03/07/2024	4000	82698.00

144: Remarks and Signature

Remarks

Date of Notice 05/20/2024
Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1 06/07/2023

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

ignature /s/ Matthew O'Hayer