FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, I	D.C.	20549	
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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average	Estimated average burden								
hours per response	: 0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Diez-Canseco Russell						2. Issuer Name and Ticker or Trading Symbol Vital Farms, Inc. [VITL]							(Ch	eck all appli X Direct	or 10% Owner		vner	
	AL FARMS	,	(Middle)	E C100		Date 0 /07/2		iest Trans	saction (N	Month	/Day/Year)			X Officer below)	(give title Presiden	t and	Other (s below)	specify
(Street) AUSTIN (City)			78704 (Zip)		4. If	f Ame	ndme	nt, Date (of Origina	al File	d (Month/Da	ay/Year)	Line	X Form	iled by One	e Repo	g (Check Ap orting Perso n One Repo	n
		Tab	le I - No	n-Deriv	ative	e Se	curit	ies Ac	quired	, Dis	sposed c	of, or Be	neficial	y Owned				
1. Title of Security (Instr. 3) 2. Transc Date (Month/L				Execution Date,		Code	ransaction Disposed Of (D) (Instr. 3, 4 a		d (A) or tr. 3, 4 and	Benefic Owned	es ally Following	Form (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) or (D)	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common Stock 09/07/			/2021	021		M		34,900	34,900 A \$1		9 82	82,973		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Security or Exercise (Month/Day/Year) if any			ransaction of E ode (Instr. Derivative (Expiration	Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	Ownersh Form: Direct (D) or Indirect (I) (Instr.	Ownership	Beneficial Ownership tt (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares					
Employee Stock Option (right to buy)	\$1.4309	09/07/2021			М			34,900	(1)		09/26/2024	Common Stock	34,900	\$0.00	152,67	75	D	

Explanation of Responses:

1. Fully vested.

Remarks:

/s/ Jason Minio, Attorney-in-

Fact

** Signature of Reporting Person Date

09/09/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.