## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

1. Name and Address of Reporting Person <sup>*</sup> <u>Post Denny Marie</u>					2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Vital Farms, Inc.</u> [ VITL ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last)	(Last) (First) (Middle)					3. Date of Earliest Transaction (Month/Day/Year) 06/07/2023										er (give title		Other (s below)	-
C/O VITAL FARMS, INC. 3601 SOUTH CONGRESS AVENUE, SUITE C100				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi <sup>r</sup> Line) X	,						
(Street) AUSTIN TX 78704				Person   Rule 10b5-1(c) Transaction Indication															
(City)	(St	ate) (Z	Ľip)		Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Table	l - No	n-Derivat	tive S	ecur	ities A	cqui	iired,	Dis	posed of	, or E	Benefi	icially	y Owr	ned			
1. Title of Security (Instr. 3)   2. Transact Date (Month/Day)				Execution Date,			,  т с	3. Transaction Code (instr. 8) 4. Securities Acquired Disposed Of (D) (Instr. 5)				3, 4 and Secu Bene Owne Follo		cially 1 /ing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							c	Code	v	Amount	(A) or (D) P		ce	Reported Transaction(s) (Instr. 3 and 4)					
Common Stock 06/07/20					2023			A		6,086(1)	A	\\$	0.00	26,339		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year)		ition Date,	Transaction Code (Instr. 8)		5. Number of Derivativ Securitie Acquirec (A) or Disposed of (D) (Instr. 3, and 5)	ve es d	6. Date E Expiratio Month/D	on Da		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		)	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
										or		Amoun or Numbe							

Explanation of Responses:

1. Represents a restricted stock unit ("RSU") award. The RSUs will vest on the earlier of (1) June 7, 2024 and (2) the day before the Issuer's next annual meeting of stockholders, subject to the Reporting Person's continuous service with the Issuer as of the applicable vesting date.

(D)

(A)

Date Exercisable

Expiration Date

**Remarks:** 

/s/ Jason Minio, Attorney-in-06/09/2023 Fact

of Shares

Title

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Code

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.